

Germs, Germs, and Bookworms

OUTREACH PRE-VISIT PAGE (PreK Ages 3-5) 45 minutes

Arizona Science Center will be arriving no later than 15 minutes before the start of your program(s). **Germs, Germs, and Bookworms** is intended to be a hands-on introductory program that explores the importance of good hygiene and ways to stay healthy.

PROGRAM NEEDS

- Three adult helpers
- One instructor table at front of room
- Limited to 25 participants
- Water source readily available
- If multiple programs are scheduled at your location, it is ideal that the instructor set up in one room and participants be brought in; otherwise allow 15 minutes between programs

EXTENSION/PREPARATION ACTIVITIES

- Count how many times you wash your hands in a day
- See how long you wash your hands for
- Explore good dental hygiene

